

The Whiteface Mountain Uphill Races are organized and run by the Whiteface Mountain Regional Visitors Bureau (WMRVB) and through the effort of countless volunteers. More than world class athletic events, the races promote tourism to our beautiful area, and through donations made by the WMRVB aid local charities and services such as the Wilmington Volunteer Fire & Rescue Squad and the Wilmington Youth Center. **Please help support our efforts by patronizing our local establishments, staying with us and dining with us, right here in Wilmington.**

In addition, the Whiteface Mountain Uphill Bike Race also serves to raise funds to benefit the Brain Injury Association of New York State (BIANYS), a non-profit organization that provides support, education, and advocacy to those with brain injuries and their families. **This year, the WMRVB will be making a charitable donation to BIANYS for every registration we receive.** You can also help BIANYS directly by providing a generous donation and including it along with your race registration and race fee. Please make your additional tax deductible check or money order payable to **BIANYS** and include it with your registration to help benefit BIANYS directly.

Mail your donation and registration form to:

Whiteface Race  
PO Box 277  
Wilmington, NY 12997-0277

With your help, together we can promote awareness and prevention of this silent epidemic. Visit BIANYS on the web at [www.bianys.org](http://www.bianys.org)

CONTACT RACE DIRECTOR  
(518) 946-2255  
Toll Free (888) 944-8332  
Email: [info@whitefacrace.com](mailto:info@whitefacrace.com)  
**[www.WhitefaceRace.com](http://www.WhitefaceRace.com)**

Whiteface Race  
PO Box 277  
Wilmington, NY 12997 USA  
(888) 944-8332

# WHITEFACE MOUNTAIN UPHILL RACES



## 2008

**31st Annual Foot Race  
Sunday, June 1**

***RUN IT!***

***Register on line [RunReg.com](http://RunReg.com)***

**7th Annual Bike Race  
Saturday, June 14**

***RIDE IT!***

***Register on line [BikeReg.com](http://BikeReg.com)***

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(518) 946-2255  
Toll Free (888) 944-8332  
Email: [info@whitefacrace.com](mailto:info@whitefacrace.com)  
**[www.WhitefaceRace.com](http://www.WhitefaceRace.com)**

## **Whiteface Mountain Uphill Races 8 miles 8% grade**

**Course:** Climb 3,500 feet up scenic Whiteface Mountain Veterans Memorial Highway to the top of New York's 5th highest peak for a 360° panoramic view of the Adirondacks, New England and Montreal.

Starting line is at the junction of Routes 86 & 431 in Wilmington.

**USATF certified course**

### **FOOT RACE SUNDAY, JUNE 1 START: 8:00AM**

#### **Packet Pick-up:**

Saturday, May 31 from 6:00pm - 8:00pm and Sunday, June 1 from 6:30am - 7:30am at the Whiteface Mountain Regional Visitors Bureau (5753 Route 86, Wilmington).

#### **Transportation Back Down the Mountain:**

You are responsible for your own transportation back down the mountain. All vehicles driving to the summit will be charged the discounted rate of \$5 per person (payable at the toll booth).

**Refreshments:** Water stations are provided at each mile marker. Fruit, snacks and beverages will be served at the Finish Line. A BBQ lunch (veggie meal available) will be served on the Visitors Bureau lawn after the race. (included in race fee)

**Results:** Will be posted by 12:00noon at the Visitors Bureau.

**Awards:** Will be handed out to the men's and women's overall winners and to the top three runners in each class. (awards are not duplicated)

FootRace registration MUST be received by May 15 to guarantee t-shirt.

### **BIKE RACE SATURDAY, JUNE 14 START: 5:30PM**

#### **HELMETS REQUIRED!**

***Four waves divided by age group will be launched. Each wave will be timed for up to 2 hours.***

#### **Packet Pick-up:**

Saturday, June 14 from 3:00pm-5:00pm at the Wilmington Town Beach (located on Bowman Lane off Route 86—just west of the A&W Restaurant).

#### **Transportation Back Down the Mountain:**

You are responsible for your own transportation back down the mountain. No one will be allowed to descend until the race is over. All vehicles driving to the summit will be charged the discounted rate of \$5 per person (payable at the toll booth). You can also ride down on your bike at your own risk, following pacing marshals (minimum 2 brakes required).

**Refreshments:** You are responsible for your own fluid needs during the race. No aid stations will be provided along the route. Fruit, snacks and beverages will be served at the Finish Line. A BBQ (veggie meal available) will be served at the Wilmington Town Beach after the race (included in race fee).

**Results:** Will be posted by 9:00pm at the Wilmington Town Beach.

**Awards:** Will be handed out to the men's and women's overall winners and to the top three runners in each class. (awards are not duplicated)

BikeRace registration MUST be received by May 29 to guarantee t-shirt.

## **Whiteface Mountain Uphill Race Application**

Please select one of the following:

\_\_\_ Foot Race: \$35  
\_\_\_ Bike Race: \$60  
\_\_\_ Both Races: \$85

Fees include race shirt and post-race BBQ.

Sign up for both races & receive free vehicle pass to summit.

Note: No refunds

Essex, Franklin & Clinton County residents contact race director about local discount.

Active Duty Military Personnel can sign up for FREE

Please mail check or money order in \$US

Payable to: Whiteface Race  
PO Box 277, Wilmington, NY 12997

Name: \_\_\_\_\_

Address: \_\_\_\_\_

City: \_\_\_\_\_

State/Province: \_\_\_\_\_

Zip Code /Postal Code \_\_\_\_\_

Country: \_\_\_\_\_

E-mail: \_\_\_\_\_

Race confirmations will be sent by e-mail

Your e-mail address will not be shared

Telephone: \_\_\_\_\_

Age on race day: \_\_\_\_\_ Sex: M or F

Shirt Size: S M L XL XXL

I certify that I am medically fit and have properly trained for this event and in consideration of your accepting my entry fee, I hereby for myself, my heirs, and executors release and discharge all sponsors, race officials, volunteers and any other persons associated with the Whiteface Mountain Uphill Races from any claims or liability for death and personal injury or damage of any kind arising in my participation in the race(s). This release and waiver extends to claims of any nature. I, the undersigned, further grant permission for the use of any photos, videotapes or any other recording of this race for any purpose.

Signature: \_\_\_\_\_

*Parental signature required if under 18 years old*

**Bug repellent and warm clothing for the top of the mountain highly recommended. A vehicle will be provided to bring your pack to the top.**

**KING & QUEEN OF THE MOUNTAIN—Best combined time for both races will receive free entry into the 2009 Whiteface Mountain Uphill Races.**